

NSLP Special Diets Resources



Learn more about policies and regulations related to special diet requests and accommodations. Explore handouts, recipes, and trainings from the TDA, USDA, ICN, and more!

Texas Department of Agriculture (TDA)

- [TDA ARM: Section 25 Meal Accommodations](#)
- [TDA NSLP Trainings](#)
- [NSLP Medical Statement Sample Form](#)
- [Meal Accommodation Tracking Form](#)
- [Fluid Milk Substitution Worksheet](#)

US Department of Agriculture (USDA)

- [Accommodating Children with Disabilities in the School Meal Programs](#)
- [Accommodating Disabilities in School Meal Programs: Guidance and Q&As](#)
- [Final Fluid Milk Substitution Rule in School Nutrition Programs](#)
- [Food Allergy Resources](#)

Institute of Child Nutrition (ICN)

- [ICN Child Nutrition Recipe Box](#)
- [ICN Menus of Flavor Recipes](#)
- [Food Allergy Resources](#)
- [Food Allergies in School Nutrition Programs Training Course](#)
- [Managing Food Allergies in SNPs Training Course](#)

Food and Drug Administration

- [Food Allergies Resource Page](#)

Make sure recipes meet
Child Nutrition Program
Meal Pattern
Requirements!



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

Fraud Hotline: 1-866-5-FRAUD-4 or 1-866-537-2834 | P.O. Box 12847 | Austin, TX 78711
Toll Free: (877) TEX-MEAL | For the hearing impaired: (800) 735-2989 (TTY)



Food and Nutrition Division
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www.SquareMeals.org

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Explore handouts, recipes, and trainings available to you from the FARE, CDC, and more!

Food Allergy Research and Education (FARE)

- [Recognizing and Responding to a Reaction](#)
- [Food Allergy & Anaphylaxis Emergency Care Plan](#)
- [Section 504 and Written Management Plans](#)
- [Food Allergies K-12: Your Rights and Responsibilities](#)
- [CDC's Toolkit for Managing Food Allergies in Schools](#)
- [Exclude the Food, Not the Child](#)
- [2023 FASTER Act in Action: Understanding Sesame Legislation](#)
- [Allergy-Friendly Recipes](#)
- [FARE Substitution Ideas](#)

Centers for Disease Control and Prevention (CDC)

- [Food Allergies in Schools Toolkit](#)
- [Voluntary Guidelines for Managing Food Allergies](#)
- [CDC's Toolkit for Managing Food Allergies in Schools \(FARE webinar\)](#)

Academy of Nutrition and Dietetics

- [Nutrition for Autism Spectrum Disorder \(ASD\)](#)
- [Food Allergies and Intolerances](#)
- [Lactose Intolerance](#)
- [Celiac Disease: An Introduction](#)
- [Cultural Cuisines and Traditions](#)
- [Holidays and Celebrations](#)



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